DISHES AND THEIR ALLERGEN CONTENT – Ventrus – Primary School – Spring/Summer 2022

√ Contains √ May Contain

						lupin Flour	Milk		MUSTARD			massw.	- Co	Beer WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusca	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Macaroni Cheese		✓					✓							
Beef Burger PD														\
Beef Burger Gibbins		✓												√
Roast Chicken														
BBQ Chicken		✓			✓				>					
Fish Finger		✓			✓									
Cheese Wheel		✓		>			✓		✓					
Pasta Bolognaise		✓												
Roast Gammon														
HR Salmon Fillet		✓			✓		✓							
Butchers Sausage		✓												
Margherita Pizza Base Mix		✓		✓			✓						✓	
Margherita Pizza Base		√		✓										
Chicken & Noodles		√		✓									✓	
Roast Pork & Apple Sauce														

					A.	Lupin Flour	Milk		MUSTARD					Reer WNE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusca	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pork Meatball Pot Roast		✓					✓						✓	✓
Breaded Fish		✓			✓									
VEGETARIAN														
Feta Stuffed Peppers							√							
Quorn Hot Dog		✓		✓			✓							
Quorn Fillet		✓												
Vegetable Cottage Pie		✓												
Vegan Quorn Nuggets		✓												
Roasted Veg & Tom Pasta		✓												
Veggie Lasagna		✓					✓							
Homity Pie		✓		✓			√							
Veggie Sausage		✓												
Pizza Muffins		✓					✓							✓
Spinach & Mozzarella Bake														
Sweet & Sour Quorn Pieces		✓		✓									✓	
Vegetable Roast		✓		✓			√							

						Lupin Flour	Milk		MUSTARD			Sobre		WINE
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusca	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegan Sausage Roll		✓											✓	
Veggie Burger														
PUDDINGS														
Pip Organic Ice Lolly														
Chocolate Brownie		✓		✓			✓						✓	
Fruit Smoothie														
Fruity Flapjack		✓											✓	
Lemon Drizzle Cake		✓		✓									✓	
Pancakes		✓		✓			✓							
Date & Apple Cake		✓		✓									✓	
Pineapple Cake		✓		✓									✓	
Mandarin Jelly														
Chocolate Cracknel		✓					√							
SIDES														
Malted Baguettes		✓										✓		
Sweetcorn														
Broccoli														



